

HOPE IN ACTION

SANDY RUN MISSIONARY BAPTIST CHURCH (SRMBC)

SUNDAY SERVICE

Rev. Dr. Joel D. Churchwell

Facebook Live 8:30 a.m.
Sunday School 9:15 a.m.
Morning Worship 10:30 a.m.

YOUTH CHURCH

Director Jennifer Cooper

1st & 3rd Sundays of the Month
During 10:30 a.m. Worship Service
(currently for ages 6-12 yrs)

2026 COMBINED LIFE ENRICHMENT STUDY

"Community-The Structure of
Belonging"
Part 2-"Conversations for Community
Transformation"
July 22-August 26, 2026 (Wednesdays)
6:00 p.m.-7:00 p.m. (Hybrid)

A Legacy of Courage, Faith and Hope

John Robert Lewis (1940-2020)

John Lewis devoted his life to the pursuit of justice, and freedom. As a fearless civil rights activist, he became one of the original Freedom Riders and later faithfully served the people of our nation in the U.S. House of Representatives for more than 30 years. One of his most defining acts of courage came in March 1965, when he joined fellow marchers in crossing the Edmund Pettus Bridge in Selma, Alabama, demanding the right to vote. Though he endured the brutal violence of what became known as "Bloody Sunday," his unwavering faith, determination, and love for humanity helped change the course of American history.



John Lewis believed that every person has the power to make a difference. His life reminds us that true greatness is found in serving others, standing for what is right, and pressing forward even in the face of adversity. His courage helped open doors of opportunity for generations to come, and his enduring legacy continues to inspire us to build bridges of hope, seek justice, and love our neighbors with compassion. As we honor his remarkable contributions during Black History, may we also be encouraged to answer the call to be faithful servants, courageous leaders, and instruments of positive change in our communities.

May his life continue to inspire us to make "good trouble" by standing for truth, extending grace, and faithfully serving others.

Prayer: Heavenly Father, strengthen us to walk in courage, serve with compassion, and boldly pursue justice, unity, and love for all people as we honor the enduring legacy of John Lewis. Amen.



On July 12th, the annual Student Achievement Day at Sandy Run Missionary Baptist Church was more than a recognition ceremony. It was a moment that spoke life, encouragement, and blessings over our youth...the next generation. Twenty-one youth in membership were recognized for having repeatedly proven during the school year their ability to achieve in the areas of academics, extracurricular activities, in giving of their time to volunteer, and for being an encouragement to others.

Sandy Run family and friends gathered not only to celebrate academic milestones, but to honor the dedication, perseverance, and God-given talents of our students. Just as Proverbs 22:6 reminds us, 'Train up a child in the way he should go, and when he is old, he will not depart from it,' the fruit of that training is seen daily in the lives of our young achievers.

Imagine a garden filled with young plants--each one growing at its own pace, reaching toward the light. That's what was applauded in our students: growth, potential, and promise. What a phenomenal form of encouragement during our morning worship service to recognize the seeds of knowledge, faith, and character that have been planted in them by parents, teachers, mentors, and this church family. To God Be The Glory as we paused to celebrate not just grades and awards, but the godly character that will carry them far beyond the classroom.

CONGRATULATIONS HONOREES★



Healthy Living

Back To School: *Ready To Learn with Healthy Bodies, Healthy Minds, & Hope-Filled Hearts*

A successful school year for our children isn't just about buying school supplies, its also about caring for the whole child. Whether you're preparing a preschooler or college student, a little planning can get everyone positioned to start the year strong and healthy.

Wellness Checklist for Back-to-School

- **Schedule Annual Checkups:** Make appointments for physical exams, dental cleanings, and vision and hearing screenings.
- **Review Immunizations** to ensure vaccinations are up to date as required by your health provider and the state.
- **Prioritize Healthy Sleep:** Start setting bedtime and wake-up routines now. Children and teens require consistent, adequate sleep to support their mood, overall health, and learning.
- **Healthy Nutrition:** Fuel their day with a nutritious breakfast and balanced lunches and snacks. Encourage hydration habits by providing plenty of water during the day.
- **Good Hygiene Is A Must:** Frequent handwashing, covering coughs and sneezes, and, staying home when sick!
- **Support Emotional Well-Being:** Encourage children to talk about any anxiety they may have about returning to school. Remind them they can ask for help and have open conversations with trusted adults. Monitor and establish schedules for balanced screen time.
- **Movement and Activity:** Daily physical activity strengthens the body, reduces stress, and promotes better focus in the classroom. Aim for at least 60 minutes of physical activity for children and teens each day to support their physical and mental health.

Sandy Run, as a church family, let us pray continually for our students, teachers, parents, and school staff as they begin another year of learning.

Resources: American Academy of Pediatrics (AAP), CDC: Back-to-School Health, American Dental Association (ADA)



Financial Wellness

August Focus: National Black Business Month *Building Financial Hope Together*

National Black Business Month is recognized each August to celebrate the contributions of Black entrepreneurs and business owners. This observance was established in 2004 by historian John William Templeton and engineer Frederick E. Jordan Sr. to celebrate Black-owned businesses and encourage consumers and organizations from all communities to support them.

Supporting local and minority owned businesses helps to strengthen neighborhoods, create jobs, and build communities that consistently thrive. Choosing to shop, dine, and do business with local Black-owned businesses is a meaningful way to invest in the economic well-being of our community. (Sandy Run--think *Tract 26*)

Food For Thought:

- Building wealth by strengthening the community
- Investing in the people and the places we call home
- Keep dollars circulating within the community
- Shop with a purpose-Local Businesses
- Hire local contractors and service providers
- Recommend Black-owned businesses in the community
- Leave positive reviews for small businesses you appreciate
- Small businesses make a BIG impact
- Is Entrepreneurship your calling?



Supporting businesses that contribute to our communities reflect how we love our neighbors and invest our resources meaningfully and intentionally.

Resources: National Black Business Month, U.S. Small Business Administration, Minority Business Development Agency (U.S. Department of Commerce)

Future Connections

Monday, August 10, 2026

Be A Hopeful Friend Outreach

Carolina Rivers Nursing & Rehabilitation Facility
6:00 p.m.-7:00 p.m.

Sunday, September 13, 2026

Navigating Grief Workshop

SRMBC Fellowship Hall
9:15am-10:15am- During the Sunday School Hour

Saturday, September 19, 2026

Pink Table Talk: Breast Cancer Awareness Event
Zeta Phi Beta Sorority Inc.
SRMBC Fellowship Hall
10:00 a.m.-12:00 p.m.

Saturday October 17th, 2026

"A Healthy Community Starts Here"
2nd Annual 5K Fun Run/Walk & Faith & Blue Community
Breakfast
7:30 a.m. - 12:00 p.m.

Sandy Run MBC



"The Hallmark of Hope"

Rev. Dr. Joel D. Churchwell, Pastor/Teacher
1503 Hargett Street
Jacksonville, NC 28540
Church: 910-346-4840

Contact Us

Christian Education Ministry
Church: 910-346-4840
Email: christianeducation1503@gmail.com

Connect With Us

HOPE Connects Ministry
Sister Angela Lee, Director
Church: 910-346-4840
Cell: 910-340-7737
Email: hopeconnectsministry1503@gmail.com